

SUPPORTING A PREGNANT LOVED ONE DURING A PANDEMIC

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Being pregnant during the pandemic can be difficult since pregnant women are immediately considered high-risk when it comes to COVID-19. If you have a loved one who is expecting right now, it's a good idea to lend extra support. You can help with shopping, organize to have gifts sent to the hospital, and even help your loved one prepare for a home birth.

Help support your expecting loved one by using these resources, and remember to ask what they need from you. Being pregnant during a pandemic can be tough, but with the right knowledge, you can be a great source of comfort and confidence.

Gift ideas

- [41 Best Gifts for New Moms to Pamper Them Through Their Exhaustion](#)
- [Give a Costco Membership as a Gift Online](#)
- [Real-Life Examples of Baby Showers During COVID-19](#)
- [Perfect Gifts for Moms About to Give Birth](#)
- [Best Baby Gifts - for Newborns & Infants 2020](#)
- [14 Gifts for New and Expecting Parents During the Coronavirus Quarantine](#)
- [Baby Shower Gifts To Avoid At All Costs](#)

Offering Support

- [10 Pregnant Friend Do's and Don'ts](#)
- [Friends and Family, How You Can Help](#)
- [5 Ways to Support Your Pregnant Friend Right Now During the Pandemic](#)
- [9 Tips For Supporting Your Wife During Pregnancy](#)
- [Help Provide Resources for Struggling Pregnant Women](#)

Preparing for Home Birth

- [Home Birth: Know the Pros and Cons](#)
- [A Practical Guide to Giving Birth at Home](#)
- [Interest in Home Births Rises During the COVID-19 Pandemic](#)

